



ENTRY FORM

Outstanding Contribution to Midwifery Services: Perinatal Mental Health

Before you complete the entry form please take a moment to read through the below information carefully as it contains important information regarding your entry such as, deadlines, word limits and details about what will happen if you are shortlisted for your category.

Eligible: Any RCM member midwife, student midwife, maternity support worker or maternity team

Individual or team category: You can submit an entry for either an individual or for a team

Entry or nominated: Entrants can either self nominate or submit a nomination for a colleague

Category description: While all midwives have a role in supporting women's mental health through pregnancy, this award recognises specialist midwives or specialist teams who are championing, leading and advocating to ensure women and their families receive the best care possible.

The nominated individuals or teams will have specialist knowledge of maternal mental health, will actively support the wider maternity team and will be active collaborators with the local multi-disciplinary perinatal mental health services.

The nominated individual(s) should be able to demonstrate working with local communities and or community organisations to raise awareness of perinatal mental health

The judges are looking for:

- Raise awareness of the issues around maternal mental health and the impact that maternity care and support can have on outcomes for women and their family
- Demonstrate success in identifying and referring and signposting women for care and support and understands the context of local services provision
- Securing appropriate care and services for individual women and their families
- Approaches to tackling stigma, identifying risk and building trust with women implementation of pathways that strengthen emotional wellbeing

Please note: all entries must be submitted online via the RCM Awards website: www.rcmawards.com

Submission Rules:

In order to ensure a smooth and efficient entry process we ask that you follow some simple rules:

- Your entry form **must be anonymous**. If the judges are able to identify your entry, it may be disqualified.
- The word count for entries is **750 words** (This includes all sections of the entry form). References are not included in this word count. If your entry does exceed this word limit you run the risk of being disqualified.
- Make sure that you are completing the correct entry/nomination form for your category.
- Select categories allow the entrant to supply supporting documentation. If this applies to your category please supply it as a separate document and limit it to 3 single sided A4 pages.
- You must complete the official entry form. Other documents cannot be accepted.

What happens next?

- The shortlist will be announced in March 2023. All entrants will receive an email notifying them when the shortlist is announced.
- All shortlisted entrants are expected to attend an individual judging day to present their project to a panel of judges. Please note that the RCM cannot reimburse or cover midwives' travel and/or accommodation costs to attend the interview days or the awards day.
- A maximum of two complimentary tickets will be provided for each shortlisted entry for the named entrant, or entrants, or nominated entrant and their nominee to attend the RCM Awards event held on 19 May 2023 in London.

***PLEASE DO NOT INCLUDE YOUR NAME OR NHS ORGANISATION NAME ON THIS FORM. THIS ENTRY MUST BE ANONYMOUS**

SUMMARY OF ENTRY (*Approx 100 words*)

DEMONSTRATE SENSITIVE CONSIDERATION OF THE IMPACT OF PERINATAL MENTAL HEALTH ON WOMEN

DETAIL THE COMMITMENT TO WORKING WITH PARENTS, PROFESSIONALS AND OTHER AGENCIES TO SUPPORT WOMEN

DESCRIBE YOUR APPROACH TO PERINATAL MENTAL HEALTH CARE

EXPLAIN HOW THE IMPACT OF THE APPROACHES UNDERTAKEN/DESCRIBED HAVE BEEN EVALUATED

OUTLINE HOW YOU SUPPORT STAFF IN THE PROVISION OF CARE TO PARENTS AND THEIR FAMILIES